

1. ASSUMPTION OF RISK FORM

I am aware that the activities associated with the program VAL 07 have some inherent risks, including, but not limited to:

- **TERRAIN AND TRAVEL:** any manner of injury resulting from falls on steep, slippery or uneven terrain, falling rock, falling trees, other obstructions or other participants, visible and non-visible and the risks associated with travel to and from locations, including transport by bus and public or private motor vehicle.
- **WEATHER:** any injury or illness resulting from exposure to weather conditions, including but not limited to cold wet weather or the effects of heat and strong sunlight.
- **ANIMALS:** any manner of injury or illness from insects, snakes and other reptiles, parasites, and other domestic (dogs, cats etc.) and wild animals.
- **EQUIPMENT:** any manner of injury resulting from misuse of VAL 07 equipment, camp equipment, and dropped or thrown tools.
- **OTHER HAZARDS:** bacteria, viruses, allergenic materials, vandalism to vehicles or theft of property, chemical burns (since I will be doing restoration work in the laboratories).

I freely accept and fully assume all such risks, dangers and hazards and the possibility of personal injury, death, permanent disability, property damage or loss resulting therefrom.

Participant signature _____

Date

on location :

Participant signature _____

Date

Witness (Director or Assistant director) signature _____

2. CODE OF CONDUCT FORM

1. Follow the instructions of your program director

You are required to communicate and cooperate with all instructors and staff, accept their assistance and suggestions, as well as to be on friendly terms with the other participants in the course. We necessarily function as a small community during your stay in Sansepolcro and mutual tolerance is indispensable. A spirit of cooperation will lessen tensions and make this a more enjoyable experience for everyone.

2. Obey local laws

It is your solely responsibility to learn and to follow the local laws regarding all aspects of Italian life, but in particular regarding alcohol, drugs and firearms as follows.

3. Items/activities FORBIDDEN during field activities including but not limited to:

- alcohol and non-medicinal drugs;
- firearms;
- boulder rolling;
- rough-housing / horsing around;
- antagonizing wildlife;
- swimming alone;
- rock climbing

Alcohol abuse and any attempt to purchase illegal drugs or controlled substances without a prescription will result in YOUR IMMEDIATE EXPULSION from the course. If you need legitimate medications, let us know so we can help you to obtain them properly.

4. Health

If you have any health problems, be they physical or psychological, please let us know. This is a precaution for your own safety. We cannot appropriately treat a problem if we do not know that it exists. This is especially critical if you should have diabetes, allergies, epilepsy, etc. Don't under-estimate the stress of being in a foreign country. There is such a thing as culture shock. There are times when you will feel powerless and overwhelmed. These are perfectly normal feelings that need to be expressed, not repressed.

I have read and understood these recommendations.

Participant signature _____

Date

on location :

Date

Participant signature _____

Witness (Director or Assistant director) signature _____

3. HEALTH / TRAVEL INSURANCE AND SPECIAL NEEDS FORM

a) HEALTH

ARE YOU IN GOOD PHYSICAL HEALTH? YES - NO

You will be admitted to the program only if you are in good physical health.

YOU ARE SOLELY RESPONSIBLE for maintaining adequate health insurance coverage during your time abroad.
Please give the name of your insurance company and policy number:

You will not be admitted without proof of individual health insurance
The program VAL 07 will not be responsible for any medical expenses of any kind

YOU ARE SOLELY RESPONSIBLE for providing the staff of "Agriturismo Il Trebbio" and the Director of the Program with the necessary information to guarantee good general health during the course and during your stay (this includes but is not limited to heatstroke, exhaustion, allergies to pollen or sensitivity to materials such as clay and coloured pigments during the stage (manganese and feldspar dissolved in water), dietary problems or special needs of any type).

YOU ARE SOLELY RESPONSIBLE for notifying the Doctor and the Director of the Program about any relevant information necessary to guarantee proper medical attention in the event of, in particular, medical emergencies. It is recommended that all participants bring a copy of any *significant* medical records with them, just as it is extremely important to have a record of blood type and possible allergic reactions to medicines.

A Tetanus vaccination is obligatory. You will not be allowed on the excavation without proof of vaccination.

Are there any other special needs or considerations of which your Program Director should be aware?

b) TRAVEL

YOU ARE SOLELY RESPONSIBLE to select and purchase adequate travel insurance. No travel insurance will be provided by the program VAL 07. The travel insurance should provide coverage against theft, personal accident, personal liability, repatriation and cancellation of tickets. VAL 07 accepts no responsibility for any costs associated with these types of problems.

It is strongly recommended that you purchase travel insurance.

I have read and understood these recommendations. The answers I have given above are correct, to the best of my knowledge and belief. I freely accept and assume all responsibility to provide myself with medical/health and travel insurance coverage.

Participant signature _____

Date

on location :

Date

Participant signature _____

Witness (Director or Assistant director) signature _____

4. AGREEMENT OF SAFETY AND SECURITY

The U.S. State Department issues regular advisories for Americans residing outside of the United States: <http://travel.state.gov/travelwarnings.html>

Based on those advisories, the Direction of the program has prepared specific recommendations.

Both the Department of State and Italian authorities strongly recommend that these precautions be followed. Participants are responsible for reading and understanding these precautions. ("Agriturismo Il Trebbio" has internet connections in every room).

In addition to the State Department's guidelines, we strongly recommend the following:

1. Individual excursions into the countryside are not advised. Ensure that your cell phone is always operative..
2. Students are provided with emergency contact telephone numbers and should have them immediately available at all times.
3. Participants should avoid spending more time than is strictly necessary at American business or enterprises (American Express, McDonalds) when the State Department has issued heightened warnings.
4. Participants should avoid wearing shirts, hats, jackets with evident American logos or insignias during times of heightened security warnings.
5. Attending demonstrations of any kind is strongly discouraged.
6. Participants are required to call the staff of "Agriturismo Il Trebbio" if they are unexpectedly delayed in returning to Arezzo from extended travel.
7. Participants are strongly urged to inform the staff of "Agriturismo Il Trebbio" of any time they leave Sansepolcro for an overnight or longer.
8. Participants are strongly urged to report any unusual person, event, or object to the authorities.

Emergency police number is 113

Emergency health number is 118

I have read and understood these recommendations. I understand that it is my solely responsibility to follow all possible safety precautions.

Participant signature _____

Date

on location :

Participant signature _____

Date

Witness (Director or Assistant director) signature _____

Archeological Studies in Valtiberina (Sansepolcro, AR), summer 2007 VAL 07

5. SAFETY ON ARCHEOLOGICAL SITE

You are responsible for yourself and, through your actions, those around you. All VAL 07 participants will behave in a safe manner, and if unsure, will seek advice. The participants will not knowingly put themselves or others at risk.

1. Preparation

Prevention is the key to safety. All students will come to the archeological site each day prepared with:

- An attitude and behaviour conducive to safe field practices;
- On the site: Sturdy working boots with steel toes. **Open-toed shoes are forbidden.**
- For activities off site: good footwear, preferably hiking boots, but sturdy running shoes if not boots.
- clothing appropriate for the complete "normal" range of local weather, including long trousers, sweater, and wind/rain gear, regardless of anticipated weather;
- sun protection: hat, sun glasses, and sun screen;
- extra food and water when appropriate; vitamin pills, integrator powder or mineral salts to compensate for excessive perspiration if it is very hot.
- medicine for chronic illnesses such as diabetes, asthma, etc.; mosquito and fly repellent (see **Forms n. 2 and 3**).

2. Accidents

Most fatal field accidents are related to vehicle travel. So:

- only approved/authorized drivers may drive vehicles, if and when required; drivers will use common sense and will be conservative - they will stop if too tired to continue safely;
- vehicles may not be used for recreational purposes;
- all Highway Traffic Act and local by-law, rules and regulations must be followed.

Most injury (non-fatal field accidents) are caused by slips and falls, So:

- proper footwear is important
- pay attention – look around, below and above you at all digging sites and while walking to them. Stay out of the fall line of people above you, and if higher, avoid shedding rocks on those below.
- ask for help if you are having difficulty at any time - do not play the hero;
- **rock climbing, aided or free, is not allowed** - stay off the cliffs and steep pitches.

3. Eye Protection

Safety glasses are required whenever there is any risk of rock chips, grit or dust. **Bring them, wear them.** One tiny chip can blind you for life.

4. Tools

Picks, rock and masonry hammers may be used at VAL 07. Proper techniques will be demonstrated to you. (Other tools, made with different steel, may chip when used on rock.) **Chisels**, because of the greatly increased chance of hand and eye injury, **are not allowed**.

5. Team Work

VAL 07 participants **will never be asked** to work alone. Keep your partner in sight and **do not** get separated. The archeological site very open, and you won't have any problems.

6. Fires, Smoking

Unless required for emergency warmth, no fires. Smoking in the field, due to the fire hazard, is discouraged. If you must, sit down, do not wander about with a lighted cigarette. Once finished, ensure the cigarette has been properly extinguished and covered with dirt (no leaves or grass).

7. Highway Safety

If you are beside any roadway: **STAY OFF THE ROAD, STAY ON THE SHOULDER, and STAY ALIVE!**

- if you must cross the road, stop and carefully look for traffic each time, then cross directly from one side to the other.
- pay attention to designated safety bosses, and do as instructed.

I have read and understood these recommendations. I understand that it is my sole responsibility to follow all possible safety precautions.

Participant signature _____

Date

on location :

Participant signature _____

Date

Witness (Director or Assistant director) signature _____

6. RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of the Permit Holder for the Trebbio archaeological excavations allowing me to participate in the Program VAL 07 as offered by the Permit Holder for the Trebbio archaeological excavations, I agree as follows:

1. **TO WAIVE ANY AND ALL CLAIMS** that I have or may have in the future against the Permit Holder for the Trebbio archaeological excavations, and its board members, officers, employees, students, agents, volunteers and independent contractors (all of whom are hereinafter collectively included in the term "the Permit Holder for the Trebbio archaeological excavations") as a result of my participation in VAL 07 **unless such risks have been caused solely by the negligence of the Permit Holder for the Trebbio archaeological excavations**
2. **TO RELEASE THE** Permit Holder for the Trebbio archaeological excavations from any and all liability from any loss, damage, injury or expense that I may suffer, or that my next of kin may suffer as a result of my participation in VAL 07 due to any cause whatsoever, including without limitation:
 - (a) negligence, breach of contract, breach of any statutory or other duty of care.
 - (b) any loss or damage to property or any personal injury (including death) or any inconvenience or delay occasioned by reason of the service or defect in any train, vessel, carriage, aircraft, bus, motor vehicle or other conveyance or through the act, error, neglect, negligence, default or willful misconduct of any company or person engaged in conveying the participants of VAL 07; and
 - (c) any loss or damage to property or any personal injury (including death) or any inconvenience or delay occasioned by the proprietor, employee or service of any hotel, hostel, or other type of accommodation used by VAL 07;**unless caused solely by the negligence of** the Permit Holder for the Trebbio archaeological excavations.
3. **TO INDEMNIFY AND NOT HOLD RESPONSIBLE THE** Permit Holder for the Trebbio archaeological excavations from any and all liability for any damage or loss to the property of (including accommodations, equipment or facilities), or personal injury (including death) to any third party, resulting from my participation in any unauthorized activities during VAL 07 or from occurrences during any free time or activities not constituting part of VAL 07.
4. I have received, read, understood and will follow the attached forms nn. 1, 2, 3, 4 and will follow all safety regulations and instructions provided in any program material and/or given prior to or during VAL 07.
5. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, and legal representatives in the event of my death or incapacity.
6. By entering into this Agreement, I am not relying upon any oral or written representations or statements made by the Permit Holder for the Trebbio archaeological excavations.
7. **I ACKNOWLEDGE that I have read and understood this Agreement; that I appreciate and accept the risks associated with this Program; that I am waiving certain legal rights which I or my heirs, next of kin, executors, administrators and legal representatives may have against the Permit Holder for the Trebbio archaeological excavations; and that I have executed this Agreement voluntarily.**

Participant signature _____

Date

Printed name of participant _____

on location :

Date

Participant signature _____

Witness (Director or Assistant director) signature _____

All these forms must be completed in full (signed, dated, witnessed where indicated) before any participant may begin VAL 07 activities, including transport to a VAL 07 location.